





HIGH SCHOOL MENU

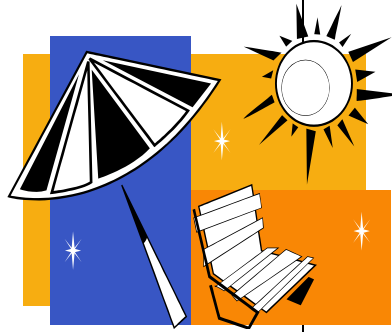
MARCH 2012



Monday	Tuesday	Wednesday	Thursday	Friday
 Green Beans Squash Peppers Cucumbers Eggplant Tomatoes Strawberries Tangerines Oranges	March 19-23 National School Breakfast Week 		<u>Entrees:</u> Nachos Mexican Bosco Sticks <u>Sides:</u> Rice & Beans Lettuce & Tomato Cup Strawberry & Banana Cup Assorted Fresh Fruit	<u>Entrees:</u> Pizza Chicken Nuggets <u>Sides:</u> Sweet Potato Fries Steamed Corn Frozen Fruit Slushie or Smoothie Assorted Fresh Fruit
<u>Entrees:</u> Mini Corn Dogs WG Mac & Cheese <u>Sides:</u> Warm Breadstick Green Beans Chilled Sliced Peaches	<u>Entrees:</u> Breaded Beef Patty w/ Gravy Popcorn Chicken <u>Sides:</u> Warm Roll Mashed Potatoes Fresh Fruit Cup Assorted Fresh Fruit	<u>Entrees:</u> Hot Dog or Polish Sausage Breaded Chicken Sandwich <u>Sides:</u> Baked Chips Fresh Veggie Cup Chilled Fruit Cocktail Assorted Fresh Fruit	<u>Entrees:</u> Taco Chicken Quesadilla <u>Sides:</u> Rice & Beans Lettuce, Tomato & Cheese Cup Strawberry & Banana Cup Assorted Fresh Fruit	<u>Entrees:</u> Pizza Chicken Alfredo Tortellini <u>Sides:</u> Steamed Corn Chilled Sliced Pears Assorted Fresh Fruit
<u>Daily Offerings:</u> Milk: Skim or 1% White and Skim Chocolate 100% Juice: 2 Choices (Orange, Apple, Apple Cherry, Sour Apple, Blue Raspberry or Grape-will vary by day and school)		<u>Deli Sandwiches/Wraps:</u> Egg Salad, PBJ, Tuna Salad, Chicken Salad, Turkey, Ham, Chicken Caesar Wrap, Buffalo Chicken Wrap, Southwestern Chicken Wrap.		<u>Salad (One or more choices per day):</u> Chef Salad, Chicken Caesar Salad, Chicken Oriental Salad, Vegetarian Salad, Chicken Tender Salad, Shrimp Popper Salad, Southwest Salad, Chicken Salad, Muffin/Yogurt/Fruit, Fruit & Cheese, Munchable, Fruit & Tuna Salad.
<small>In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.</small>				

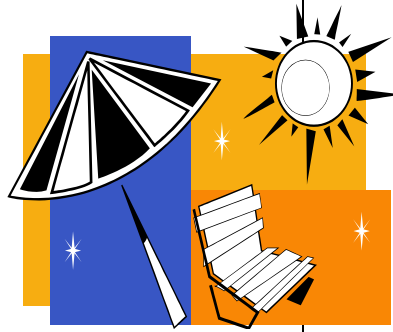



HIGH SCHOOL MENU MARCH 2012



March 12-16 Spring Break



 <h2>March 12-16 Spring Break</h2>				
<p>Entrees: Chicken Parmesan Quesadilla</p> <p>Sides: Pasta Mixed Veggies Chilled Sliced Peaches Assorted Fresh Fruit</p>	<p>Entrees: Mac & Cheese Chicken Tenders</p> <p>Sides: Warm Roll Green Beans Homemade Fruit Crisp Assorted Fresh Fruit</p>	<p>Entrees: Breaded Buffalo Chicken Sandwich Hot Dog or Polish Sausage</p> <p>Sides: Baked Chips Fresh Veggie Cup Chilled Fruit Cocktail Assorted Fresh Fruit</p>	<p>Entrees: Bosco Sticks Meatball Sub</p> <p>Sides: Broccoli w/ Cheese Sauce Strawberry & Banana Cup Assorted Fresh Fruit</p>	<p>Entrees: Pizza Chicken Alfredo Tortellini</p> <p>Sides: Warm Breadstick Steamed Corn Mini Romaine Salad Chilled Sliced Pears Assorted Fresh Fruit</p>
<p>Entrees: Turkey Gravy Roasted Chicken</p> <p>Sides: Warm WW Roll Mashed Potatoes Broccoli Mandarin Oranges & Pineapple Tidbits Assorted Fresh Fruit</p>	<p>Entrees: Chicken Tenders McManatee Riblet Sandwich</p> <p>Sides: Baked Beans Applesauce Assorted Fresh Fruit</p>	<p>Entrees: Spicy Chicken Sandwich Ham/Cheeseburgers</p> <p>Sides: Baked Chips Fresh Veggie Cup Peach Cup Assorted Fresh Fruit</p>	<p>Entrees: Nachos Mexican Bosco Sticks</p> <p>Sides: Rice & Beans Fresh Green Beans  Lettuce & Tomato Cup Strawberry & Banana Cup Assorted Fresh Fruit</p>	<p>Entrees: Pizza Chicken Nuggets</p> <p>Sides: Sweet Potato Fries Steamed Corn Frozen Fruit Slushie or Smoothie Assorted Fresh Fruit</p>

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.